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Bentonville, Arkansas, resident Lori Ann Wood releases debut book and companion journal.

ST. JOSEPH, MO (Feb. 16, 2023) For Lori Ann Wood, a diagnosis of heart failure brought into question whether she'd ever write a book. And certainly, her debut book is not one she initially planned. *Divine Detour: The path you'd never choose can lead to the faith you've always wanted* from CrossRiver Media releases on Feb. 21, along with *Navigating Your Own Divine Detour: a companion journal*.

"In *Divine Detour*, Lori Ann Wood articulates the honest emotions of someone on a health journey, unsought and unwanted," says *Bible Advocate Magazine* Associate Editor Sherri Langston.

Divine Detour (hardcover 978-1-936501-76-2 \$20.99 at [CrossRiver Media](https://www.crossrivermedia.com)) is a forty-day journey deep into the heart of a God who often doesn't behave as we'd like. Readers learn to embrace the three questions every life encounters so their faith can thrive along their own inevitable detour...

- Is this life all there is?
- Is God always good?
- Is God's plan enough?

The foreword is written by Lori Ann's cardiologist, Dr. Eileen Hsieh, Medical Director Heart Transplant, Cleveland Clinic.

"Lori's *Divine Detour* is an invitation not just to women with heart disease but to every person to lean into their faith, poke and prod it and question it when faced with the unexpected and unwanted detours in life." —Celina E. Gorre, Chief Executive Officer of WomenHeart.

"If you hope to grow in your faith, find God amid your darkest trials, and fall more deeply in love with your Savior—*Divine Detour* should be on your reading list." —Sandi Warner, Editor in Chief of *The Joyful Life Magazine*

The companion journal provides readers with additional questions that coincide to the 40 essays in the book to lead the way forward on their own divine detour.

Learn more about Lori Ann Wood at LoriAnnWood.com. *Divine Detour* is available in paperback, hardcover, and e-book on Amazon. For special pricing buy these books at [CrossRiver Media](https://www.crossrivermedia.com).

About CrossRiver Media Group

Many of today's Christian women find themselves constantly struggling with doubt and unworthiness. Founded in 2010, [CrossRiver Media Group](https://www.crossrivermedia.com) publishes Christian nonfiction and fiction books to help women build a battle-ready faith in God.

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For more information on (your name), or to schedule an interview please contact Debra L. Butterfield at CrossRiver Media Group at (816) 752-2171 or deb@crossrivermedia.com. For a high-resolution JPEG of the book cover, please e-mail us with the request.

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